Johns Hopkins Nursing Evidence-Based Practice
Practice Question, Evidence, and Translation (PET)

PRACTICE QUESTION

Step 1: Recruit interprofessional team
Step 2: Develop and refine the EBP question
Step 3: Define the scope of the EBP question and identify stakeholders
Step 4: Determine responsibility for project leadership
Step 5: Schedule team meetings

EVIDENCE

Step 6: Conduct internal and external search for evidence
Step 7: Appraise the level and quality of each piece of evidence
Step 8: Summarize the individual evidence
Step 9: Synthesize overall strength and quality of evidence
Step 10: Develop recommendations for change based on evidence synthesis
  - Strong, compelling evidence, consistent results
  - Good evidence, consistent results
  - Good evidence, conflicting results
  - Insufficient or absent evidence

TRANSLATION

Step 11: Determine fit, feasibility, and appropriateness of recommendation(s) for translation path
Step 12: Create action plan
Step 13: Secure support and resources to implement action plan
Step 14: Implement action plan
Step 15: Evaluate outcomes
Step 16: Report outcomes to stakeholders
Step 17: Identify next steps
Step 18: Disseminate findings